



SINGLE STRAP FITNESS TRAINER

To ensure you get the perfect fit, we recommend you follow our size charts closely.
Please take accurate measurements using our guide below.

SIZE	WAIST (INCHES)
XS	23.5 - 26
S	26 - 28.5
M	28.5 - 31
L	30.5 - 32.5
XL	33.5 - 36
2XL	33.5 - 36
3XL	38 - 40
4XL	40 - 42.5
5XL	42.5 - 45
6XL	45 - 47
7XL	47 - 49.5
8XL	49.5 - 52
9XL	52 - 54

Waist Circumference

- Use a tape measure to measure waist circumference, or the length all the way around your waist.
- To measure:
 - Find the top of your hip bone
 - Put the measuring tape all the way around your waist
 - Make sure that the measuring tape is about level with your belly button.

